




簡短嘅運行狀況篩查

(Brief screen – Cantonese – traditional)

我哋詢問所有成年患者關於物質使用和情緒嘅信息，因為呢啲因素會影響您的健康。
如果您有任何問題，請諮詢您的醫生。
你在此表格上嘅答將保密。

酒精度數： 一杯=  12盎司啤酒  5盎司酒  1.5盎司酒類（一槍）

喺舊時嘅一年度，你一日飲咗幾多杯或更多酒？ _____

藥物：

消遣性藥物包括甲基苯丙胺（速、水晶）、大麻（大麻、罐）、吸入劑（油漆天拿水、氣霧劑、膠水）、鎮靜劑（安定）、巴比妥類藥物、可卡因、搖頭丸、致幻劑（LSD、蘑菇）或麻醉劑（海洛英）。

在過去一年中，你出於非醫療原因使用過幾多次娛樂性藥物或使用處方藥？ _____

心情：

	唔係	係
在過去的两周度，你是否因為對做事嘅興趣或樂趣不足而感到困擾？	<input type="radio"/>	<input type="radio"/>
喺舊時嘅两周度，你是否感到沮喪、沮喪或絕望？	<input type="radio"/>	<input type="radio"/>

(For the health professional)

Interpreting the Brief screen:

Alcohol: Patients who answer 1 or more should receive a full alcohol screen (such as the AUDIT).

Drugs: Patients who answer 1 or more should receive a full drug screen (such as the DAST).

Mood: Patients who answer “Yes” to either question should receive a full screen for depression (such as the PHQ-9).

Note: The alcohol question asks about four drinks in one day to identify risky drinking among all patients, informed by the validation studies below, as well as a gender inclusive approach to patient care.

Citations:

McNeely J, Cleland C, Strauss S, Palamar J, Rotrosen J, Saitz R. “Validation of Self-Administered Single-Item Screening Questions (SISQs) for Unhealthy Alcohol and Drug Use in Primary Care Patients.” *J Gen Intern Med*, 30, 1757–1764. 2015.

McNeely J, Strauss SM, Saitz R, Cleland CM, Palamar JJ, Rotrosen J, Gourevitch MN. A Brief Patient Self-administered Substance Use Screening Tool for Primary Care: Two-site Validation Study of the Substance Use Brief Screen (SUBS). *Am J Med*. 2015 Jul;128(7):784.e9-19. Epub 2015 Mar 10.

Flentje A, Barger BT, Capriotti MR, Lubensky ME, Tierney M, Obedin-Maliver J, et al. “Screening Gender Minority People for Harmful Alcohol Use.” *PLoS ONE*. 15(4). 2020.

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