Algunos de los riesgos del consumo de alcohol y drogas durante el embarazo

**Trastornos del espectro alcohólico fetal**
(alcohol)

**Defectos de nacimiento**
(alcohol, marihuana, cocaína, opiáceos)

**Bajo peso al nacer**
(alcohol, marihuana, cocaína, opiáceos, metanfetamina)

**Aborto involuntario**
(alcohol, cocaína)

**Nacimiento prematuro**
(alcohol, marihuana, cocaína, opiáceos, metanfetamina)

**Problemas de desarrollo y comportamiento**
(alcohol, marihuana, opiáceos, metanfetamina)
**Steps of the brief intervention**

**Raise the subject**
- “Thanks for filling out this form – is it okay if we briefly talk about it?”
- “Just so you know, my role is to help you assess health risks so you can make your own decisions. I want to help you improve your quality of life on your own timeline.”
- “What can you tell me about your past/current substance use?”

**Share information**
- “Sometimes patients who give similar answers on this questionnaire are continuing to use drugs or alcohol during their pregnancy.”
- Share information about general risks of use. Explain any association between use and current medical complaint.
- Ask the patient: “What do you think of this information?”

**Enhance motivation**
- If the patient discloses current substance use, ask about their perceived pros and cons of their use, then summarize what you heard.
- “Where do you want to go from here in terms of the health of you and your baby?”
- Gauge patient’s readiness/confidence to reach their goal. If using Readiness Ruler: “Why do you pick ____ on a scale of 0-10 instead of ____ [lower number]?”

**Identify plan**
- If patient is ready, ask: “What steps do you think you can take to reach your goal?”
- Affirm the patient’s readiness/confidence to meet their goal and affirm their plan.
- “Can we schedule an appointment to check in and see how your plan is going?”

*Oregon hotline that quickly identifies resources for patients ready to accept treatment:* 1-800-923-4357

**Interpreting the 5Ps screening tool**

<table>
<thead>
<tr>
<th>Answers</th>
<th>Zone</th>
<th>Indicated action</th>
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</thead>
<tbody>
<tr>
<td>“No” to all substance use questions</td>
<td>Low risk</td>
<td>Brief education</td>
</tr>
<tr>
<td>“Yes” to Parents question</td>
<td>Risky</td>
<td>Review risk</td>
</tr>
<tr>
<td>“Yes to Peers question</td>
<td></td>
<td>Brief intervention</td>
</tr>
<tr>
<td>“Yes” to either Partner, Past or Present questions</td>
<td>Harmful or Severe</td>
<td>Brief intervention (offer options that include treatment)</td>
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</tbody>
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**Billing codes**

<table>
<thead>
<tr>
<th>Screening only</th>
<th>Screening plus brief intervention</th>
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</thead>
<tbody>
<tr>
<td>Medicaid: CPT 96160</td>
<td>Medicaid: CPT 99408, G0396</td>
</tr>
<tr>
<td>≥15 min: CPT 99408, G0396</td>
<td>≥15 min: G0396, ≥30 min: G0396</td>
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<tr>
<td>Medicare: 5-14 min: G2011</td>
<td>Medicare: 5-14 min: G2011, ≥30 min: G0396</td>
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