

## 麻醉药品检测调查问卷 DAST - Chinese

因为使用麻醉药品会影响您的健康，我们需要询问您一些有关使用麻醉药品的问题。如果您不愿意填写此表，请告知您的医疗服务提供者。

Patient name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

您使用下列药物在过去的一年吗？

甲基苯丙胺（速度，水晶）

可卡因

大麻（大麻壶）

毒品（海洛因，羟考酮，美沙酮等）

吸入剂（涂料稀释剂，胶水，气雾剂）

致幻剂（LSD，蘑菇）

镇静剂（安定）

其他药物 \_\_\_\_\_

1. 您是否有过出于非医疗所必需的原因而吸毒？	否	是
2. 您是否一次滥用不只一种药物？	否	是
3. 当您想要吸毒时是否无法停止吸毒？	否	是
4. 您是否有过因吸毒而导致晕厥或噩梦重现？	否	是
5. 您是否由于吸毒而感觉沮丧或自责？	否	是
6. 您的配偶（或父母）是否曾经抱怨您参与吸毒？	否	是
7. 您是否由于吸毒而忽视家人？	否	是
8. 您是否有过为获取毒品而从事非法活动？	否	是
9. 当您停止吸毒时是否有过脱隐症状（感到恶心）？	否	是
10. 您是否有过因您吸毒而导致的医疗问题（如记忆丧失、肝炎、抽搐、出血）？	否	是

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有多少次使用这些药物呢？  每月或更少  每周  每天或几乎每天

你是否曾经注射过毒品吗？  从来没有  是的，在过去 90 天  是的，90 多天前

你是否曾经在药物滥用治疗？  决不  目前  以往你

I II III IV  
0 1-2 3-5 6+

(For the health professional)

**Scoring and interpreting the DAST:**

“Yes” responses receive one point each and are added for a total score. The score correlates with a zone of use that can be circled on the bottom right corner of the page.

Score	Zone of use	Indicated action
0	<b>I – Healthy</b> (no risk of related health problems)	None
<b>1 - 2, plus the following criteria:</b>  No daily use of any substance; no weekly use of drugs other than cannabis; no injection drug use in the past 3 months; not currently in treatment.	<b>II – Risky</b> (risk of health problems related to drug use)	Offer advice on the benefits of abstaining from drug use. Monitor and reassess at next visit. Provide educational materials.
<b>1 - 2 (without meeting criteria)</b>		Brief intervention
<b>3 - 5</b>	<b>III – Harmful</b> (risk of health problems related to drug use and a possible mild or moderate substance use disorder)	Brief intervention or Referral to specialized treatment
<b>6+</b>	<b>IV – Severe</b> (risk of health problems related to drug use and a possible moderate or severe substance use disorder)	Referral to specialized treatment

**Brief intervention:** Patient-centered discussion that employs Motivational Interviewing concepts to raise an individual’s awareness of his/her substance use and enhancing his/her motivation towards behavioral change. Brief interventions are typically performed in 3-15 minutes, and should occur in the same session as screening. The recommended behavior change is to abstain from illicit drug use.

Patients with numerous or serious negative consequences from their substance use, or patients with likely dependence who cannot or will not obtain conventional specialized treatment, should receive more numerous and intensive interventions with follow up.

**Referral to specialized treatment:** A proactive process that facilitates access to specialized care for individuals who have been assessed to have substance use dependence. These patients are referred to drug treatment experts for more definitive, in-depth assessment and, if warranted, treatment. The recommended behavior change is to abstain from use and accept the referral.

More resources: [www.sbirthoregon.org](http://www.sbirthoregon.org)